

**Single-Burn ISS Reboost using Progress 352 and Matching Unit YC-21**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Prep for work
08:00-08:15		Daily planning conference ( <i>S-band</i> )
09:10-09:40	FE-1	Upgrade of ИПК-1М gas mask (1 unit). <i>Get any unit. Report number to MCC. Tagup (S-band)</i>
09:40-11:10		EVA ops sequence review. <i>Tagup (S-band)</i>
11:10-11:30		EVA conference with MCC ( <i>S-band</i> )
11:30-13:00	FE-1	Physical Exercise (TVIS) day 1
11:30-13:00	CDR	Physical Exercise (RED)
13:00-14:00		LUNCH
15:30-15:50		ISS crew / Astronaut office conference (Kent Rominger) ( <i>S-band</i> )
16:05-17:05	CDR	Physical Exercise (TVIS)
17:05-17:10	CDR	TVIS/RED/HRM data transfer to MEC
17:05-18:05	FE-1	Physical Exercise (VELO + Force Loader-1) day 1
18:55-19:10	CDR	Daily ration prep
19:10-19:30		FD / ISS crew conference ( <i>S-band</i> )
19:30-20:00		DINNER
20:00-20:30	FE-1	Daily ration prep
20:00-20:15	CDR	Daily ration prep
20:15-20:25	CDR	Pre-sleep
20:25-20:40	CDR	Private family conference
20:30-21:30	FE-1	Pre-sleep
20:40-21:30	CDR	Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	FE-1	PLANTS-2. P/L status check

**Note:** See OSTP for reference to US activities

End of radiogram